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When I was a senior in high school, what I wanted most was to be done with school. I didn't hate school. I liked learning, and I liked my friends. But I was ready to start enjoying the independence of adulthood. I got my wish. Before I knew it, I was walking across the stage to receive my diploma.

I found that adulthood did indeed come with a lot of independence. I had my own car, my own job, and my own bank account. I was able to choose the college I went to, and I chose my own major. But independence, I soon learned, was a two-edged sword. It allowed me to make my own decisions, but it also forced me to take responsibility for my actions. My decisions were my own now, not my parents'. If my car broke down, I paid for it. If I fell behind in my schoolwork, I had to reach out to my professor—he wasn't going to contact me.

Of course, I wasn't alone. Everyone I graduated with had to learn this lesson too. And some didn't learn it very well. Some of my friends managed to cram into the first three months after high school every bad decision a person could make in three months. That's when I learned another lesson: the decisions you make after high school are high-stakes decisions. When you make a bad choice at 10 years old, it doesn't follow you, not usually. When you make a bad choice at 18 or 22, it does. Bad decisions about relationships, substance use, marriage, conflict—these can destroy your life.

That's the reason we produced this course on ethics. Ethics is the study of right and wrong. It helps people make decisions that are morally good and shows them how to avoid the ones that are not. Our world is complex and messy. Doing the right thing is not always obvious. In fact, very often it's not. God has not left us to sort out such questions on our own. He has given us His Word and His Spirit. But we must learn how to make use of what He has given. That's what this course is meant to do for you—to show you how to make right decisions based on the wisdom of God in the Bible.

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